



Physical, Emotional & Spiritual Well-Being

FREE SEMINAR – Maryborough Spa - Thursday 26th January 7pm

In our lives when we experience physical wounds and challenges, we tend to take action promptly in order to address them. Yet with our emotional, mental or spiritual wounds, we don't. We often cover up, ignore, neglect or deny them.

On our journey toward enlightenment, it is essential that all aspects of our Self are integrated and healed. When we align our inner and outer worlds, we create a powerful partnership that facilitates deep healing.

If you are ready to take command of your emotional, mental and spiritual well-being through healing, meditation and self-awareness, then join us for a free talk given by Michelle A. Hardwick in the Maryborough Spa.

Michelle will share potent tools and helpful suggestions along with her intuitive skills, love and compassion for your evolution, health and wellbeing.

Admission is free. Registration is required. Be sure to invite your friends. See you there!



For more details contact:

Michelle A. Hardwick

Creator of 'Soul Connection Hypnotherapy'; Adv. Dip Hyp.,
International EFT Trainer & Practitioner, Time Line & NLP Practitioner,
Graduate of the Gaia Mystery School, Dip. Spiritual Development
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To register, contact the Maryborough Spa reception at the
Maryborough Hotel & Spa, Cork.

Phone: 021 4918 350 Email: Spa@maryborough.ie

Find Michelle on:



Twitter - <https://twitter.com/mahardwick>



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